Dear LRMS Families,

Three years ago, our school initiated the #26 Acts of Kindness campaign to honor the victims of Sandy Hook Elementary School with an intentional act of kindness for each life lost. This optional campaign captures the spirit of our All-Star Program, and all students are invited to participate as we begin this campaign anew on Wednesday, February 3rd, 2016. If you are an All-Star Candidate, you may earn three hours of service credit for your participation in this campaign by completing a daily log and posting a picture on our All-Star Padlet. (See Schoolloop News Page for link.)

WHAT DO YOU DO?

Review this paperwork as a family and talk about how you can incorporate acts of kindness into your daily life. Review the suggested acts of kindness listed on the second page. You might highlight the suggestions that most appeal to you. You are free to incorporate these ideas, or come up with some ideas of your own. Share them with your parents, and make a commitment as a family. Please bring this signed letter to Mrs. Ritner’s room at lunch this TUESDAY or WEDNESDAY to receive your Kindness Log.

Practice intentional acts of kindness each day and write down your action next to each victim’s name. It could be that you offer to wheel a shopping cart back to the front of the store for a mom with young children or a senior citizen. Maybe you leave a pencil on the desk of a student in your classroom who never seems to have one. Could you carry a newspaper up to your neighbor’s front porch on your way to school? The purpose of this campaign is to develop a “habit of heart” and make a point of showing consideration to others. Turn in your completed Kindness Logs at lunch on Monday, February 29th, to Mrs. Ritner in rm 703.

--Mrs. Ritner, All-Star Advisor
Suggested Actions:

Work on a sports skill such as throwing and catching, passing a soccer ball, or shooting baskets with a younger friend or neighbor ★ Hold the door open for someone ★ Help someone whose hands are full/Pick up something that someone dropped ★ Invite someone new to eat with you ★ Take a neighbor’s paper to their front porch ★ Invite the person who’s often picked last to be in your group/team ★ Bake cookies for someone—a friend, neighbor, the mailman, or as a thank you to our local fire department ★ Share an inspirational quote or verse w/ a friend or family member. Write a special note or use sidewalk chalk and surprise them as they walk out the door ★ Do the dishes for your family ★ Put a Starbucks’ gift card on a random car windshield ★ Read a younger sibling a bedtime story ★ Give a struggling student a pencil or package of paper with a note of encouragement ★ Help an elder with a shopping basket ★ Volunteer at your church’s/temple’s childcare center ★ Stop your daily routine and be a friend to someone in need ★ Help a teacher tidy up at the end of class ★ Take your neighbor’s/grandparent’s dog for a walk ★ Prepare a dinner for someone in need or invite another family to dinner in your home ★ Surprise a friend or neighbor with a treat ★ Help a neighbor with yard work ★ Offer to take a child to the park ★ Beautify a planter on campus ★ Organize a game of hide & seek for little kids on your street ★ Take the weekly trash out for your family or your next-door neighbor ★ Make play-dough and use food coloring or flavored extracts to make it scented and colorful (recipes on line) and give it to a young person with a cookie cutter ★ Give movie tickets to someone ★ Write a thank-you letter to someone and tell them how important they are to you or affirm a positive quality in them ★ Write a letter to a grandparent. Share one of your favorite memories or photos with him/her ★ Pack a lunch for a friend and let him/her know that you are bringing it to school for him/her ★ Surprise someone and babysit for free ★ Volunteer at the snack bar ★ Treat the student behind you in the lunch line to a cookie ★ Help at a homeless shelter ★ Stay after school and sanitize your classroom’s desks ★ Give a young family a pack of diapers ★ Play a board game or have a movie night as a family and be grateful that you can gather together in fun ★ Surprise your mom/dad by washing their car ★ Clean out your closets and drawers and make a donation to Goodwill or a charity of your choosing ★ Take fresh flowers to a senior center ★ Sign up to visit or take a meal to someone who is homebound or ill ★ Start a Halloween-style “BOO” chain in your neighborhood with #26 Acts and a copy of this letter ★

My family commits to honoring the victims of Sandy Hook Elementary School and the spirit of the ACTS OF KINDNESS CAMPAIGN with our words and deeds for 26 days, beginning on WEDNESDAY, FEBRUARY 3rd. I will post a picture and a brief note that highlights one of my actions on Padlet.

Student Name__________________ Parent Signature__________________